A mind map is a structured and themed brainstorm, which gives you a map of your knowledge, your thoughts and ideas in relation to a certain area. The method works like this:

- Place a central subject, theme, symbol or question in the centre.
- Afterwards, add thoughts, ideas and associations so that small groups of keywords arise from the central subject, word or question.
- Make as many groupings and subgroupings that you get associations and ideas for.
- Specify eventual relations between various groupings with arrows or the like.
- Do not sort while you write, you can do that afterwards.